AGAPE



RETREAT

Detox your mind, heart and soul

23–25th | MAY | 2026

Learn to breathe for soul
Meditate to connect within
Detox and rejuvenate

time for you to
connect within
Detox the stress
judgement-free zone
lot of me-time

About The Retreat

retreat which connect the body, mind and soul

ACTIVITIES

Physical mobilisation and Yoga
5 senses rejuvenation
6th Sense ignition

Join Now

Sound Healing
One-one sessions
Creativity enhancing module

Dance Movements
Gibberish Meditations
Art therapy
Book reading session



Early bird discount

WHO WE ARE?



TEAM OF EXPERIENCED HEALERS AND COACHES PRACTISING SINCE MORE THAN 15 YEARS

Reiki Grand master, Hypnotherapist, Dance movement therapist, sound healer, Somatic workout coach, Pranic Healer , lifestyle coach

3 DAY JOURNEY

wellness series



Meet and connect with inner self

Tailored sessions designed to navigate through your inner journey to release the stress



Detox and Emo therapy

Know your emotions and triggers to detox from the city life and know your true journey



Deeper work

Learn the art of breathing through activities and release

Don’t Join if:



1. YOU are looking for a quick fix to your problems;
2. YOU think healing work is waste of money;
3. YOU are not open to learn new things about yourself, spiritual and meta world;
4. YOU’RE happy pretending everything is fine.
5. YOU’RE not ready to face yourself.
6. YOU think healing is just candles and affirmations.
7. YOU’d rather stay comfortable than grow.
8. YOU’RE addicted to your old patterns.
9. YOU’RE not ready to let go of what’s hurting you;
10. YOU’RE still choosing others over yourself —every single time.


ALL YOU NEED TO BLOOM
HEALING BEGINS WHERE EXCUSES END. THIS IS NOT FOR EVERYONE. JUST FOR THOSE WHO ARE READY